



ASSOCIATION OF PROFESSORS AND CONSULTANTS OF INTEGRATIVE, COMPLEMENTARY AND ALTERNATIVE MEDICINE OF NIGERIA

THE APCICAM PRACTITIONERS' PLEDGE

I solemnly pledge to practice Integrative, Complementary and Alternative Medicine with the highest standards of professionalism, integrity, and compassion.

I commit to:

- **Primacy of the Patient;** Placing the well-being and safety of my patients at the core of my practice.
- **Holistic Care;** Recognizing the interconnectedness of mind, body, and spirit, and treating the patient as a whole person.
- **Informed Consent;** Providing clear, honest, and comprehensive information about treatments, risks, and benefits, empowering patients to make informed decisions.
- **Confidentiality;** Protecting the privacy and confidentiality of patient information.
- **Competence;** Continuously enhancing my knowledge and skills through education, training and practicing within the scope of my expertise.
- **Collaboration;** Working cooperatively with other healthcare providers to ensure optimal patient care.
- **Evidence-Based Practice;** Integrating the best available evidence with clinical expertise and patient values.
- **Ethical Conduct;** Adhering to the highest ethical standards, avoiding conflicts of interest, and maintaining professional boundaries.
- **Respect for Diversity;** Honouring the cultural and individual differences of my patients.
- **Professionalism;** Upholding the reputation of the APCICAM profession through my conduct and behaviour.

I understand that this pledge is a commitment to lifelong learning and growth, and I will strive to fulfill its principles in every aspect of my practice.

NAME:.....

SIGN:.....

DATE:.....